Paula Maria Rebecca Jones

  CV January 2020

PAULA JONES physiotherapist CURRICULUM VITAE

**Essential Details**

**Name** Paula Maria Rebecca Jones MCSP HCPC

**Date of Birth** 14 August 1964

**Office Address** Apple Physiotherapy

Essex Lodge

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Windsor

SL4 3EQ

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**Registration** Health & Care Professions Council (HCPC)

Registered number PH34242

Chartered Society of Physiotherapy (CSP)

Registration number 043892

**Speciality** Chartered Physiotherapist & Medico-legal expert

MSK physiotherapist with experience in Amputees, Neurological Rehabilitation and Orthopaedics

**Medico-Legal Experience**

* MedCo Registered
* ICO Registered
* Clinical Negligence Insurance cover for medico-legal work
* Amputees
* Soft tissue injuries of the neck and spine
* Neurological Rehabilitation
* Spinal injuries
* Upper limb injuries
* Lower limb injuries
* Occupational and work-place assessments
* Claimant / Defendant / Joint Instructions – 60%/30%/10%

**Clinical Areas of Expertise**

* Physiotherapy team management and business development
* Pilates
* Acupuncture
* Lower & Upper limb rehabilitation
* Spinal manual physiotherapy and rehabilitation
* Amputees
* Neurological Rehabilitation
* Paediatric Orthopaedics
* Medico-legal reporting
* Sports Injuries

**Education, Training & Memberships**

* Grad Dip Physiotherapy – Coventry (Lanchester) Polytechnic 1985 (2 Distinctions)
* Health & Care Professions Council (HCPC) registered number PH34242
* Chartered Society of Physiotherapy (CSP) registration number 043892
* Medco Accreditation – 29th May 2016 – 28th May 2019
* MLACP – Medical Legal Association of Chartered Physiotherapists - registered April 2016 – 2018
* ICO registered
* Acupuncture Association of Chartered Physiotherapists (AACP)
* Chinese Medicine Institute & Register (CMIR) 2005 to present day
* Australian Physiotherapy & Pilates Institute (APPI) trained levels 1,2 &3
* Association of Chartered Physiotherapists in Sports Medicine (ACPSM)
* ICRS (International Cartilage Repair Society) member
* DBS enhanced certificated May 2016
* Medicolegal seminar on medical and legal issues relating to Amputees October 2017, Manchester UK
* ICRS – International Cartilage Repair Society
* AOSSM – Member of the American Orthopaedic Society for Sports Medicine
* Partial Hand and Digit Symposium at Pace Amputee Rehabilitation Centre, Amersham June 2019

**Career History**

* *Paula Jones, Wentworth Club Physiotherapy Clinic, Virginia Water, Surrey GU25 4LS*

**Clinic Director and owner Dec 2000 to present date**

* *Apple Physiotherapy Royal Berkshire Racquets Club, Bracknell, Berkshire RG12 7PB*

**Clinical Director and owner: Nov 1990 – July 2019**

* *Apple Physiotherapy Wentworth Tennis and Health Club, Virginia Water, Surrey GU25 4LS*

**Clinical Director and owner: Dec 2000 – July 2019**

* *Paula Jones Physiotherapy Clinic & Medicolegal Practice Triyoga Chelsea, London*

**Clinical Director and owner March 2017 – October 2019**

* *Apple Physiotherapy Wellington College, Crowthorne, Berkshire RG45 7PU*

**Clinical Director and owner: Sept 2003 – September 2013**

* *Apple Physiotherapy Windsor, Osborne Road, Windsor SL4 3EQ*

**Clinical Director and owner: Oct 2009 – to July 2019**

* *Apple Physiotherapy Lanes Medical Practice, Stoke Poges, Slough SL2 4JW*

**Clinical Director and Owner: Jan 2015 – July 2019**

* *Apple Physiotherapy Cardinal Clinic (Mental Health), Oakley Green, SL4 5UL*

**Clinical Director and Owner: 2000 – 2017**

* *Apple Physiotherapy Slough, Regus, Bath Road, Slough SL4 5UL*

**Clinical Director and Owner: 2011 – 2014**

* *Apple Physiotherapy Heathfield School, Ascot SL5 3BQ*

**Clinical Director and Owner: Sept 2012 – July 2019**

* *Apple Physiotherapy/Perform at Spire Thames Valley Hospital, Wexham, Slough*

**Clinical Director: January 2014 – February 2015**

* *Ashford NHS Hospital, Ashford, Middlesex TW15 3AA*

**Senior 1/Senior 2 Physiotherapist Sept 1987 – Feb 1989**

* *Queen Mary’s Hospital Roehampton, London SW15 5PN*

**Basic Grade Physiotherapist Sept 1985 – Sept 1987**

**Elite Sport Involvement**

* *British Judo Team*  - **Dedicated Team Physiotherapist 1987 – 1996**
* *British Olympic Sailing Team -* **Dedicated Team Physiotherapist 1987 – 1996**
* *Member of British Olympic Association (BOA) Medical Committee* **British Sailing Team Physiotherapist 1987 - 1994**
* *Lawn Tennis Association (LTA) -* **Junior Elite Squad Screening Physiotherapist 1988-1995**
* *National Ice Skating Association – Figure and Dance Ice Skating* **Dedicated Team Physiotherapist 1999 –2001**

**International Presentations**

* **The 2nd Current Concepts in Knee Surgery, Emirates Stadium, London, 2008**

Lectured on post-operative knee surgery current developments

* **International Seminar on Knee Rehabilitation in Tromso, Norway. September 2012.**

Lectured on rehabilitation following complex knee surgery

* **13th Wexham Park International Cruciate ligament Meeting, Wexham UK. November 2016**

Lectured on “Rehabilitation after ACL – who will not do well”

**UK Presentations**

* Clinical assessment of the shoulder – presented to GPs and Clinical Nurses Langley Health Centre February 2013
* Rehabilitation of the Knee – presented to Dr Now GPs Beaconsfield March 2014
* Presentation & negotiations NHS Contract to Central Southern Commissioning Unit, Windsor June 2014
* Clinical assessment of the Shoulder Practical lecture to GPs Slough April 2014
* Presentations on knee rehabilitation Orthopaedic Conference Eton Dorney Olympic Rowing Lake 5th December 2016